## HRDC Announces It's New Respite Program for Vulnerable Adults

HRDC is pleased to offer a Respite Program for vulnerable adults that are unable to be left alone at home without supervision. This valuable service enables caregivers to attend appointments, run errands, or just have a few hours of respite time. The Respite Program is for intermittent care only and includes breakfast, lunch, snack, and participation in a meaningful Activity Program. There are two available locations within Allegany County, in Lonaconing and Cumberland. For more information on this program, please call Tammy Guthrie, Director for HRDC's Adult Care Services Programs at 301-783-1810.

